

# HEARTBEAT | BREAKFAST

## THE CLASSICS

with TOAST and POTATOES or FRUIT

### MORNING AFTER 16

egg & cheese on a roll with ham or bacon

### TWO EGGS ANY STYLE 17

bacon, pork sausage or turkey jalapeño sausage

### THREE EGG OMELET 20

choice of 3 (\$3 each additional):

tomato, pepper, mushroom, onion, spinach, ham, bacon, cheese

## BENEDICTS

with POTATOES or FRUIT

### THE ORIGINAL 22

poached eggs, canadian bacon, hollandaise sauce, english muffin; substitute smoked salmon for bacon \$3

### CALIFORNIA 23

poached eggs, avocado, tomato, multi-grain english muffin, poblano pepper emulsion

## SIGNATURES

### VEGETABLE & EGG WHITE FRITTATA 16

artichoke, leek, asparagus, plum tomato, asiago cheese, toast

### EGGS IN A NEST 19

two eggs cooked in country bread nest, serrano ham, shaved manchego, arugula, cherry balsamic drizzle

## ALL AMERICAN

28

two eggs any style | potatoes or fruit | toast  
bacon, pork sausage, or turkey jalapeño sausage  
juice | coffee or tea

## LIGHT

### LOWER EAST SIDE 18

smoked salmon, cream cheese, tomato, onion, capers, bagel

### STEEL CUT OATMEAL 12

brown sugar, raisins, milk  
add mixed berries \$4

### THE NATURAL 12

house made granola, fresh berries, greek or vanilla yogurt

## BAKERY

### MORNING BASKET 7

croissants, mini muffins, danish

### ARTISAN BAGEL 9

cream cheese & butter

### TOAST & JAM 4

whole wheat, white, multi-grain, rye, english muffin, D'arbo all natural jam

## GRIDDLE

### OLD SCHOOL PANCAKES 15

mixed berries, Vermont maple syrup  
add blueberries or banana \$3

### BELGIAN WAFFLE 15

house made peach compote, chantilly cream

## SIDES

### MEAT 7

pork or turkey jalapeno sausage, applewood smoked bacon

### HOUSE MADE GRANOLA 9

### CRISPY BREAKFAST POTATOES 7

### YOGURT 6

low fat greek or organic vanilla

### COLD CEREAL WITH MILK 8

### SEASONAL FRUIT PLATE 12

## BEVERAGES

### WHOLE, SKIM, SOY MILK 4

### JUICES 6

### GOURMET COFFEE/ASSORTED TEAS 5

### ESPRESSO, CAPPUCCINO, LATTE 6

Add a shot \$2

### WHEATGRASS SHOT (2oz.) 10

### MANGO PEACH SMOOTHIE 10

### STRAWBERRY BANANA SMOOTHIE 10

Please be advised. It may be hazardous to your health to consume raw or undercooked products.  
A 20% gratuity will be added to parties of 6 or more. Gluten free options available upon request